

ASD Emergency Planning Guide

Page 1 of 3

Priority Levels: ● Red = Immediate Action ● Orange = Urgent ● Yellow = Soon ● Blue = Important ● Green = When Stable

SAFETY

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Emergency contact list posted and visible in home / shelter	☐	☐	☐	☐	☐
ID bracelet, card, or labeled clothing on individual at all times	☐	☐	☐	☐	☐
Go-bag packed with essentials and placed in accessible location	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

FOOD & DRINK

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
7-day supply of preferred foods stocked (brand, texture, flavor noted)	☐	☐	☐	☐	☐
Preferred drinks stocked; allergies and intolerances documented	☐	☐	☐	☐	☐
Eating schedule written out and posted for caregivers	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

EATING SUPPORTS

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Preferred plate, bowl, cup, and utensils packed in go-bag	☐	☐	☐	☐	☐
Visual meal schedule or menu picture cards printed and ready	☐	☐	☐	☐	☐
Sensory texture requirements and mealtime accommodations written	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

HEALTH & MEDICAL

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
30-day medication supply secured; dosing schedule written out	☐	☐	☐	☐	☐
Prescription copies, insurance card, and doctor contacts in go-bag	☐	☐	☐	☐	☐
Known triggers, reactions, diagnoses, and medical history documented	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

SANITATION

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Preferred sensory-safe soaps, shampoo, and hygiene products stocked	☐	☐	☐	☐	☐
Daily hygiene routine schedule written out for shelter caregivers	☐	☐	☐	☐	☐
Hand sanitizer, disposable wipes, and waste disposal bags packed	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

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LAUNDRY & CLOTHING

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
7+ days of preferred clothing packed (tags removed if needed)	☐	☐	☐	☐	☐
Fragrance-free, dye-free detergent or detergent pods stocked	☐	☐	☐	☐	☐
Extra favorite items packed: socks, underwear, comfort clothing	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

HEAT SENSITIVITY

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Cooling vest, cooling towel, or ice pack accessible in go-bag	☐	☐	☐	☐	☐
Fan, battery-powered misting fan, or portable cooling device available	☐	☐	☐	☐	☐
Written hydration plan and schedule shared with all caregivers	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

ELOPEMENT PREVENTION

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Door, window, and perimeter alarms tested and confirmed active	☐	☐	☐	☐	☐
ID tags sewn into all clothing; GPS tracker device charged	☐	☐	☐	☐	☐
Safe return plan written, laminated, and shared with neighbors	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

WATER ATTRACTION RISK

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
All nearby water sources (pools, ponds, streams) identified and secured	☐	☐	☐	☐	☐
Line-of-sight supervision plan written; no unsupervised time outdoors	☐	☐	☐	☐	☐
Life jacket or flotation device available; swim ability documented	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

ELECTRONICS

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
All devices (tablets, phones, AAC) fully charged before emergency	☐	☐	☐	☐	☐
Backup chargers, cables, and charged power bank packed in go-bag	☐	☐	☐	☐	☐
Favorite apps, videos, games downloaded for offline / no-WiFi use	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

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COMMUNICATION

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
AAC device charged; backup batteries / charger packed in case	☐	☐	☐	☐	☐
Picture or symbol communication cards printed and laminated	☐	☐	☐	☐	☐
Emergency phrase cards and updated contact list ready to go	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

REFRIGERATION

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
All temperature-sensitive medications identified and noted on med sheet	☐	☐	☐	☐	☐
Backup cooling plan confirmed: cooler, ice packs, or cold packs ready	☐	☐	☐	☐	☐
Shelf-stable alternative foods stocked in case refrigeration fails	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

COMFORT ITEMS

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Primary comfort item or lovey packed and accessible (not in checked bag)	☐	☐	☐	☐	☐
Sensory toolkit packed: fidgets, chewelry, ear defenders, sunglasses	☐	☐	☐	☐	☐
Weighted blanket or vest packed; noise-canceling headphones charged	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

SLEEP

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Preferred bedding, pillow, and sleep surface items packed	☐	☐	☐	☐	☐
White noise machine, app, or fan ready; nightlight available	☐	☐	☐	☐	☐
Written bedtime routine shared with shelter/host; sleep schedule noted	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐

WI-FI & TECHNOLOGY

CHECKLIST ITEM / CUSTOM NOTES	Red	Orange	Yellow	Blue	Green
Mobile hotspot device charged; data plan confirmed active	☐	☐	☐	☐	☐
Offline entertainment, books, and calming media downloaded to devices	☐	☐	☐	☐	☐
Tech routine and screen-time plan written for displacement period	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐
Custom:	☐	☐	☐	☐	☐